

Family and community therapy project



- **Project name:** Family and community therapy project
- **Beneficiaries:** 11142 beneficiary with ages between (3-65) years
- **Targeted areas:** All governorates of the Gaza Strip.
- **Budget:** 69.927 USD

The family therapy project is a charitable non for profit project that seeks to help traumatized Palestinian families in all governorates of the Gaza Strip. It aims to provide training for family members in coping skills and psycho-social reinforcement in an attempt to help them go back to a positive and more productive life that would benefit the family and the community surrounding it. The current stage started during the last war on the Gaza Strip, funded by INTERPAL and Palestine Trauma Centre in London (PTC-UK). The project activities varies between therapeutic, educational, and entertaining activities. The total number of family therapy beneficiaries was 65 families (521 persons) consisted from (278 female, 243 male). (267) benefited from psycho-educational sessions with ages ranging between (5-65 years), in addition to (54) persons benefited from counseling services. The total number of beneficiaries from entertaining activities around the Gaza Strip was (10300) child. Thus, the total number of beneficiaries from all activities during the year of 2016 from all governorates of the Gaza Strip was (11142) person. The team also received many training courses, such as; Family therapy techniques training with the Italian trainer MR. Guido Veronese in May and October 2016, and Cognitive behavioral training CBT. In addition, weekly

supervisory meetings were held up via SKYPE with the professional supervisor Dr.Mohamed Altawil, and a group of experts from PTC-UK including MR.David Harrold, Gusine Miller, and others.

- **Target Group:** Children and families who suffered psychological trauma and other hardships including; wars, siege, and communal violence in all the governorates of the Gaza Strip.
- **Team Hierarchy:**

