

Story 5

1-Family Information:

Household's Name; M.S

Address: Gaza

Household's profession: Employee in the Power company.

Economical Level for the family: Very poor

Family's educational and cultural level: Intermediate

Family member: six s

Father's educational level: Elementary education.

Mother's education level: Junior high

Family members age and sex: father 39 years, mother 33 years

(, Mohammad 8 years, Ahmad and Raghad are twins 5.5 years, and Muna 2.5 years.)

2-The main traumas that the family has experienced :

The mother feels a constant loneliness and dissatisfaction because she has not seen her family since 10 years ago because she is an Egyptian

The death of the father's parents in the same year has caused him a trauma

Shawki's brother has blackmailed him when the father's house has been divided unfairly which was a shocking experience Shawki and his wife

Shawki's wife mental problem has impacted her relationships with the husband and the children

The family's need for therapeutic intervention and psychological support

The family is in a bad need for intervention especially because the husband and the wife relations are getting worse on one hand and on the other hand the mother and her children relations is being impacted because of her mental illness.

3-Complaint as stated by the wife:

I have been exposed to numerous problems that impacted my mental health and I used to be very patient but 4 months ago I started feeling that I am insane and can't tolerate sitting at home for a second and I feel pain all over my body and all the medical test that I have done returned negative, therefore, doctors referred me to a psychiatrist.

My oldest son Mohammad started hating me because I was always keeping him clean and giving him too much attention, and suddenly after my mental problems I could take care of anybody at home. My children started accusing me of wasting their father's money for treatment. Mohammad became very disobedient and although I am trying to restore the relations as it was previously but unsuccessful

4-Complaint as stated by family members :

In the second visit, the complaint as stated by the husband; my wife became very nervous and intolerant of all the children who started running away from her, ever she cares no more for her 1.5 old son and he keeps getting sick all the time. She is always busy with her health problems, but we all felt that she is improving after your first visit. Complaint as stated by her oldest son Mohammad: my mother started hating us and she always says my whole body hurts and she always shouts at us.

5-Prognosis and getting to know the family:

The mother suffers from summarization disorder that is accompanied with over-nervousness resulting from despair of finding a solution to her health problems after spending four months of intensive doctor visits. The family, father and children all suffer from relation disorder with the mother and not being able to adapt with her current health situation

6-Therapeutic or Support Intervention:

In the first visits, we have collected all data about family members, father's family, mother's family and assessing all the surrounding circumstances that may influence the family relations.

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The mother has been diagnosed and she felt better after clarifying to her what is happening as well as to the rest of the family and they all become hopeful that the mother would get over that.

In the second visit, we have noticed a noticeable improvement in the mother's case and notified the family that the mother's case could be a chronic one that resulted from the mental suffering that she has been exposed to, and advised that treatment may take a long time through therapeutic sessions and medications. We have assured the husband that we would provide the medication for the wife because the family won't afford to pay for it.

7-Medications:

Seroxat 20 mg daily and will be increased according to response

Trifluoperazone 2.5 mg night dose

Elatrol 25 mg daily (night dose)

8-Feedback and Improvement:

We felt that the wife and the husband became hopeful of being cured after almost giving up.

In the third visit, we felt a noticeable improvement in the case because pain has decreased and the nervousness has considerably lessened.

Relationship with her children has improved especially her oldest son

Mohammad and we have focused on that in a special session with him and his parents.

9-Follow Up Plan;

We have visited the family three times and we would visits once biweekly afterwards in order to follow up from the therapeutic medication aspect on one hand, we would also organize family therapy sessions in order to re-organize the family structure that has been seriously shaken after the wife's sickness that has lasted for four months.

Psychiatrist: Dr. Mohammad Abuelsebah
Zeinat Nseir

Psychologist;